

Different Types of Reflexology we offer

Foot & Hands Reflexology:

Traditional form of reflexology using zone therapy to apply pressure on the Feet and Hands.

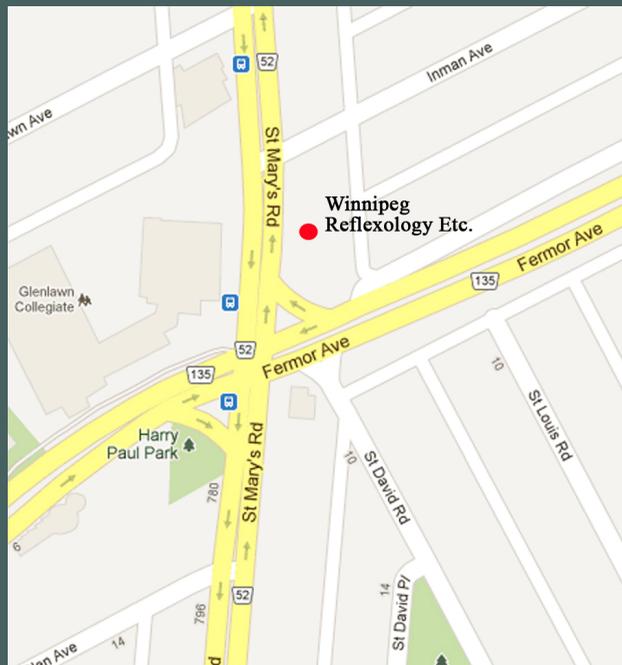
Auricular (Ear) Reflexology:

There are over 200 reflex points on the outer ear, using a probe to stimulate them is beneficial in finding specific pain or illnesses.

Tai-Chi Reflexology:

Applying pressure to different reflex points on the body to encourage the release of energy blockages and toxins

Our Reflexologists are Certified through the Reflexology Association of Canada. (R.A.C)



Call us to book an
appointment with one
of our
Registered and Certified
Reflexologists
TODAY

204.256.3338 (FEET)

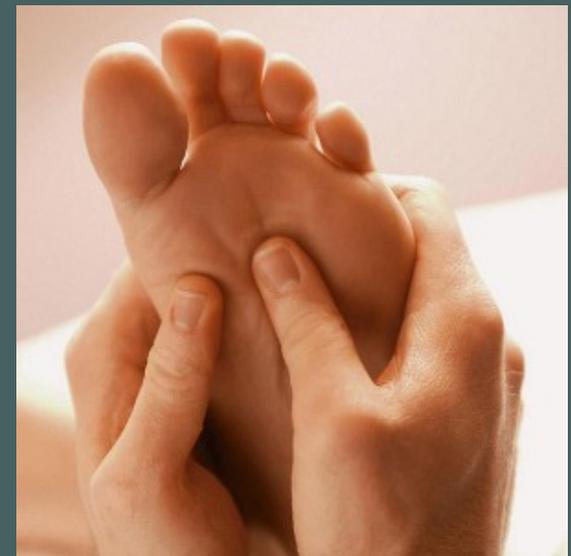
Gift Certificates
Available

Winnipeg Reflexology Etc

Foot * Tai-Chi Reflexology * Auricular (Ear)
Acupuncture * Meridian Energy Reader
Gua Sha (Scraping)

771 St. Mary's Road
Winnipeg, Manitoba R2M 3N8

204.256.3338 (FEET)



Relieve your pain

naturally

with Reflexology

Acupuncture:

Acupuncture is an ancient practice whereby, fine needles are inserted into the body along different meridians, to promote the flow of energy in our bodies.

Although it is popular therapy for pain management, it is also often used to treat many other different diseases and disorders.

Why Reflexology or Acupuncture?

Many people live each day in discomfort or with chronic health problems, without realizing the benefits of natural therapies.

So if you have tried everything else, why not try something different?

Gua Sha (Scraping):

Gua Sha means to scrape the red dots. Using a scraping tool and applying herbal medicinal oil to the neck, back, head or arms; we scrape the toxins to the surface of the skin and then are flushed out to the lymphatic system.

Gua Sha can help with sunstroke, sore throat, sinuses, headaches/migraines or poor circulation.



Meridian Energy Reading:

Analyzer machine is used to monitor your meridian energy with specific points in your body. These readings can pin point the cause of the pain or congestion in the body.

Prices:

Foot Reflexology:	(45 mins) \$50.00
Tai-Chi Reflexology:	(45 mins) \$50.00
Acupuncture:	(45 mins) \$50.00
Gua Sha (Scraping):	\$25.00
Cupping:	\$20.00
Meridian Energy Reading:	\$25.00

(Note: Prices subject to change)
Dec 2012

Hours of Operation:

Tuesday - Friday: 9a -5p
Saturday: 9a - 12p
Sunday and Monday: Closed